



# Free Grief Support Group

We provide a safe environment to share your grief, thoughts & emotions regarding the loved one you lost.

You will learn how to identify and practice coping skills in grief.

Group will be provided in Spanish and offered to children **ages 3-28** and their immediate family who have lost a caretaker or sibling.

**March 19th, 2024 | 6:15pm – 7:45pm**

**Cristo Rey St. Martin College Prep, 3106  
Belvidere Rd. Waukegan, IL 60085**

If you are interested in participating or have questions please contact:

**Agi Corona Semrad**

**(312) 809-0208 extension 2**

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