



### **Selected Bibliography for Teens Grieving a Suicide**

Cobain, Bev. **When Nothing Matters Anymore.** This is a survival guide for struggling teens. It explains the causes and types of depression, how to get help, and how to stay healthy. By a mental health professional who has lived with depression and suicide, including that of her cousin, rock star Kurt Cobain.

Grollman, Earl & Malikow, Max. **Living When A Young Friend Commits Suicide.** Easy to read and full of important, reassuring information, youth learn how to tell if someone is suicidal, what to do and who and how to tell. Straightforward and immensely helpful.

Kuehn, Eileen. **After Suicide.** This book uses an excellent format including Teen Talk, Fast Facts, Question & Answer, photographs, and chapter overviews and summaries. The result is a solid, readable, informative book.